# **Adult Intake Form**

Please provide the following information and answer the questions below. Please note: information you provide here is protected as confidential information.

Name:

(Last)	(First)	(Middle Initial)		
()	()	(=,		
Birth Date:	_/Age:	Gender:		
Marital Status: Never Married	Domestic Partnership	□ Married □ Separated		
□ Divorced □ W	idowed			
Please list any children/age:				
Significant relation	nships outside of your fam	ily:		
Who lives in your household?				
Address:				
	(Street and	d Number)		
(City)	(State)	(Zip)		
Home Phone: (	)			
Cell/Other Phone	:()	_		
	essage? □ Yes □ No text messages? □ Yes □ No			
E-mail: May we email you? □ Yes □ No *Please note: Email correspondence is not considered to be a confidential medium of communication.				

Emergency Co	ontact:
Name:	Relationship:
Address:	
Phone Numbe	er:
services, etc.)?	viously received any type of mental health services (psychotherapy, psychiatric s therapist/practitioner and dates:
Are you curre □ Yes □ No	ntly taking any prescription medication?
Please list:	
Have you eve □ Yes □ No	r been prescribed psychiatric medication?
Please list and	l provide dates:
GENERAL H	EALTH AND MENTAL HEALTH INFORMATION
How would y	ou rate your current physical health? (please circle)
Poor	Unsatisfactory Satisfactory Good Very good
Please list a	ny specific health problems you are currently experiencing:
How would y	ou rate your current sleeping habits? (please circle)

Poor Unsatisfactory Satisfactory Good Very good

Please list any specific sleep problems you are currently experiencing:

How many times per week do you generally exercise?

Please list any difficulties you experience with your appetite or eating patterns

Do you drink alcohol? 
Daily 
Weekly 
Monthly 
Infrequently 
Never

How often do you engage recreational drug use? 
□ Daily 
□ Weekly 
□ Monthly
□ Infrequently 
□ Never

Have you experienced any significant life changes or stressful events recently? If yes, please explain.

Are you under the care of a Primary Care Physician? 
□ Yes □ No

Name of PCP:\_\_\_\_\_

#### FAMILY MENTAL HEALTH HISTORY:

In the section below identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (father, grandmother, uncle, etc.).

	Please Circle	List Family Member
Alcohol/Substance Abuse	yes/no	
Anxiety	yes/no	
Depression	yes/no	
Domestic Violence	yes/no	
Eating Disorders	yes/no	
Obesity	yes/no	
Obsessive Compulsive Behavior	yes/no	

Schizophrenia	yes/no		
Suicide Attempts	yes/no		
ADDITIONAL INFORMATION:			
Referred By:			
Are you currently employed? $\Box$ No $\Box$ Ye	S		
If yes, what is your occupation?			
What would you like to accomplish out of your time in therapy?			
Is there anything else you would like me to know?			